

SECOND EDITION 2022

S R I N I V A S A R K A

*"MIND IS A QUESTION,
HEART IS AN ANSWER,
INNER SPIRIT IS AN
EXPERIENCE
AND THE UNIVERSE
HUMBLES THE EGO,
KINDLING IMAGINATION."*

PHILOSOPHER

FOUNDER OF
THE CENTRE
FOR CONSCIOUS
AWARENESS
(CCA) -
GLOBALLY
REGISTERED
CHARITIES

AUTHOR

**DEVELOPER
OF HUMAN
POSITIVE
POTENTIAL
PROGRAMMES**

INTERNATIONAL SPEAKER

FOUNDER
OF ARKA
FOUNDATION
INDIA

**INTUITIVE
INTELLIGENCE
PROGRAMME**

ARKA DHYANA
INTUITIVE
MEDITATION

**LIGHT OF
LEARNING**



The desire to deepen our awareness, to know the true Self and to experience various states of consciousness are all signs of truth within, which is that we are not limited physical beings, but infinite beings, with universal awareness, who have a greater role to play in the universe.”

Srinivas Arka

ABOUT SRINIVAS ARKA



Srinivas Arka is a philosopher, author and internationally renowned speaker who focuses on achieving a state of well-being by addressing our mental, physical and spiritual health. He uses a form of meditation (Arka Dhyana) which helps us understand our true selves.

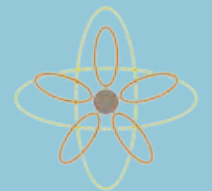
He was born in Karnataka state, India. His father had a deep interest in society and social service. Despite his busy life, he still found time to help individuals. This philanthropic trait ran through the veins of Arka.

At an early age, Arka embarked on a search for the meaning of life (through serious inquiries into the timeless self in the time-bound body), scepticism, belief systems and the nature of human consciousness.

Arka undertook formal education in the Sanskrit language and English literature, gaining a degree in Sanskrit from Mysore University, Karnataka, and a Masters degree in English. He also studied Eastern Philosophy gaining insights into human nature.

For over three decades, Srinivas Arka has been travelling the world, sharing his knowledge with people from various backgrounds, cultures and professions. His extensive work of inspirational writings touches all areas of human existence from spirituality to a practical daily approach to environmental consciousness.

CENTRE FOR CONSCIOUS AWARENESS (CCA)



CCA is established internationally to study and understand more of the underlying common humanity across the culture divide and thereby enhance the level of communication and harmony for living together with mutual respect. **The organisation operates in: Australia, New Zealand, Canada, Spain, UK & USA.**

INTUITIVE INTELLIGENCE PROGRAMME

Intuitive Intelligence Programme
Make Your Life Journey Exciting, Educational, Entertaining & Enlightening



Srinivas Arka has developed a complete programme that encompasses all the major themes of life such as health, self-awareness, communication, love and relationships and wealth. Each of the following major themes includes practical insights.

ARKA DHYANA INTUITIVE MEDITATION (IM)



Arka Dhyana Intuitive Meditation is a heart-level meditation method developed by Srinivas Arka. It takes you on a journey into your inner-self, leading you to understand yourself deeply through your intuitive feelings, discover your true nature, your uniqueness, and your inner seed of potential which unfolds how capable and resourceful you are, this in itself can be a first step toward making a positive contribution to the world.

ARKA DHAMA

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Arka Dhama is a magical place in Mysore in the heart of South India. It comprises of a Yoga and Dhyana centre for physical, mental and spiritual wellbeing, Ayurveda centre for health, Sports facility for exercise and recreation, Accommodation facility to cater towards a pleasant stay, Kitchen and Dining areas providing natural, healthy, vegetarian sattvik food, sourced by Organic farming, Natural Oil extraction, Goshala for nurturing indigenous cows, Arka Mahavidyalaya school for educating young students with knowledge, culture and human values, Facility for learning languages such as Kannada, English, Sanskrit and Spanish, and the unique Arka Mahaganapathy (AMG) Temple for experiencing the cosmic reality and magnetic healing energy of AMG.

ARKA DHAMA AYURVEDA



The Ayurveda Centre was established by Srinivas Arka in 2006 at Arka Dhama to reflect his philosophy.

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