



***“When intelligence is exhausted,
intuition takes over.”***

by Srinivas Arka

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CCA USA Inauguration
Manav Seva Mandir
101 S. Church Rd, Bensenville
Illinois, USA



The Centre for Conscious Awareness USA held an uplifting, entertaining and informative inauguration event in the presence of Yogi Srinivas Arka who visited Chicago, Illinois after many years.

The evening began with cultural songs by Dr. Anupama Gupta accompanied by Hitesh Master and the Saregama orchestra.

Arka Dhama in Mysore, India was introduced to the audience with descriptions of this serene location and all that it holds, including Arka Dhama Ayurveda, the Arka Mahaganapathy temples, the Arka Mahavidyalaya school, the Gaushala and the Gurukul.



Centre for Conscious Awareness Canada described their work including with the youth and presented highlights of recent university events and their 15th anniversary celebration in the presence of Arka. An Arka Dhyana Intuitive Meditation demonstration was also held where the audience participated and experienced this heart level meditation for the first time.



An interactive question and answer session was then held with Srinivas Arka. Members of the audience asked various questions such as:

Q: How to feel happiness in life?

Yogi Arka responded as follows:

“Happiness is heart-related, emotional, the most positive experience. We have to be real, natural, true to your inner self and have a special eye to recognise positivity in people, truth in the universe and in everyone, beauty in nature, then you are very happy.



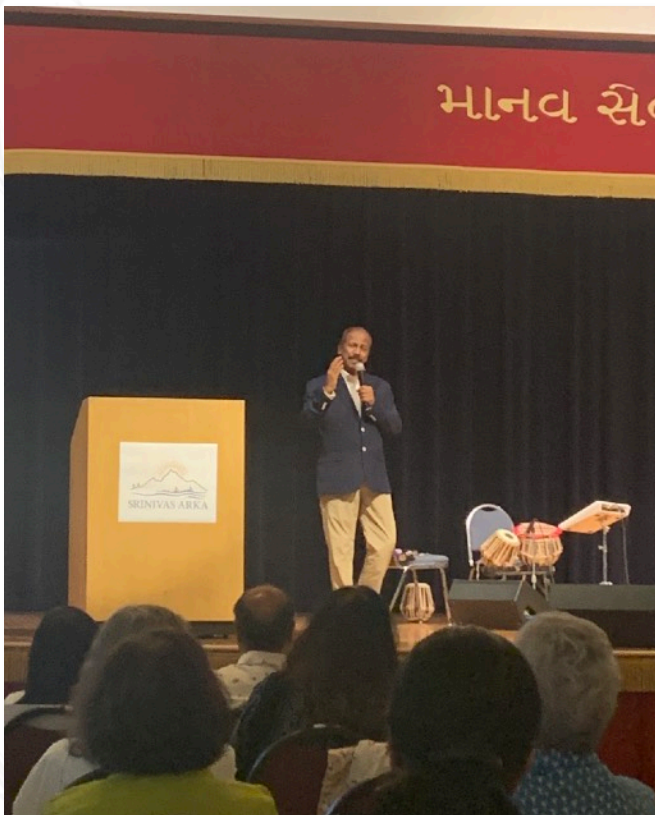
And overlook someone's negative nature. Overlook or bypass their negative act, or words or their attitude and then you are always happy. And also grasp the essence of appreciation and gratitude.



Gratitude is one of the few noble qualities which will lead you to the path of self-realisation.

The appreciative quality of our nature always comes from the heart. Then you are happy.”

Q: How to be peaceful and remain peaceful and not let the environment affect you? If somebody speaks negatively about you and gives you negative vibes, how to be peaceful?



“Remove expectations totally. Already you are 50% there. ***Be prepared for the worst and do the best, leave the rest, never test, go to rest and be the best.*** And also become involved with your inner self through meditation systems or prayers, that will give you more peace. And gaining knowledge or understanding brings peace.”

Q: How does intuition play a role in our life? Is it connected with our



heart? Sometimes we feel intuitive and we think this is going to happen and it happens.

“Intuition is the faculty of our emotional heart. Intuition is the mother of intelligence. Intuition is multi-directional or multi-dimensional whereas intellect or intelligence is unidirectional. Intelligence is based upon common sense, rationality, reason, mathematics of analytics. Whereas intuition doesn't have any number, no images, no squares, no triangles and no form of impulsiveness. It just nudges you gently, gracefully, this is the way to go. Don't go there. If you put enough trust in your intuition, if you are doing Dhyana, if you become aware of that intuition, then it works for you better when you become consciously aware of it.

After you come through that tough circumstance or difficulty then you realise, my God, how did it happen? I didn't plan it. How was I taken out of trouble? It could be an accident or dealing with some tough people or tough situation, making the harshest decisions. Later intuition becomes dormant, intelligence pops up and makes you aware. Oh my God, how did it happen? Intelligence interferes with your intuition. So there's a natural system, you cannot ask, intuition come and work for me now in my life. It won't come like that. It is not a physical object. Not a mechanical process. So it happens



unconsciously, spontaneously, only when there is need, because you have put a lot of trust and you are building it up and then it starts working like your mother. When intelligence interferes, then intuition retreats. When intuition rises, intelligence recedes. They both cannot exist simultaneously. One attempts to bring in some



degree of intelligence to work with intuition Which is an adventure of self-discovery. This becomes possible after conducting Dhyana. However, this rare combination lasts for a short period, but

insights obtained and decisions made will have a long lasting, positive impact. When intelligence is exhausted, so fatigued and tired, intuition whispers, wakes up like the dawn of the new sun and blossoms like a lotus flower in the lake of inner consciousness. We are so busy, we don't have time to look deep within at the treasure within you. We are just walking on the surface, living on the surface.

There is a natural law, when intelligence is exhausted, intuition takes over.

This is cosmic technology. So we have to live life profoundly, deeply, happily, and appreciatively as possible.”

Following the enlightening question and answer session, attendees were further treated to captivating performances by Dr. Anupama Gupta, Rajesh Chalam, Hitesh Master and the Saregama orchestra.



From left: Master of Ceremony Alka Sharma, Rajesh Chalam, Dr. Anupama Gupta, Hitesh Master and the Saregama orchestra



Srinivas Arka, Dr. Roop Gupta & Dr. Anupama Gupta stand in front of the Centre for Conscious Awareness USA in Chicago, Illinois, founded by Arka.



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